



Case Study: NHS Podiatry Clinic

NHS Lothian has been using Algeos' extensive Interpod orthotics range for more than five years. NHS Clinical Lead Tony Cordiner explains why they've been such a success.

The Challenge: Our Podiatry department looks after 110k patients every year, providing a fully comprehensive health service for conditions affecting the lower limb.

We assess, treat, and advise patients with foot disorders in order to maintain and maximise their quality of life. Our Biomechanics department has a team of 22 clinicians who assess the lower limb and foot of patients and, if appropriate, prescribe supportive insole to correct or limit abnormal foot function.

The Product: Interpod offers a range of effective pre-fabricated foot orthotics using design features which are supported by independent university research. We started using Interpod Orthotics after a very successful trial. We were quickly impressed with the speed in which patients got results, the quality of the product, and the fact that they didn't need to be replaced as often.



Patient Benefits: Patients have been delighted with their Interpods. They find them easy to wear and are seeing great results, often within weeks. A lot of patients come to us as a last resort after battling on alone with shop or pharmacy bought insoles that haven't worked for them.

They are delighted to find a solution that finally helps.

Clinical Benefits: With Interpod orthotics, our podiatry team has the equipment needed to deliver quality patient care. As a result, our department is saving time and resources. Previously, patients were treated across an average of five 30-minute appointments but now they only need one or two. This means we can now see more patients over the course of a year and new patients don't have to wait as long to be seen.

We are one of the first Scottish Health Boards to hit the four-week target for seeing patients. We're also saving money. In the five years we've been prescribing Interpod orthotics we've never had to replace the plastic shell and not a single patient has broken a pair. It's very impressive.