



# Bodytonix 90° Night Splint

Technical characteristics & usage advice

**Fixed position, lightweight, cost-effective.**

The Bodytonix 90° Night Splint is a universal left or right fitting splint that can be used to treat multiple causes of heel pain and support correction.

Designed to comfortably stretch the plantar fascia and Achilles tendon during sleep, the Bodytonix 90° Night Splint helps reduce muscle contracture, inflammation and pain associated with the first step in the morning or after periods of rest.

### Indications for use:

Plantar Fasciitis, Achilles Tendonitis, Plantar Flexion Contractures, arch pain, heel pain and pronation.

### Features:

- 90° fixed angle - flexion position.
- Soft lined foam interior.
- Soft foam padded interfaces.
- Washable.
- Breathable.
- Flexible and lightweight.
- Includes a removable stretching wedge.

### Benefits:

- 90° angle fixed flexion position gently stretches the muscles of the lower leg and foot.
- Soft lined foam interfaces provide maximum comfort during sleep.
- Durable.
- Cost-effective.
- Hygienic and washable components.
- Suitable for left or right foot.
- Removable stretching wedge which is provided if additional dorsiflexion/stretch is required.

### Contraindications:

- You should not walk or attempt to place weight on the foot while using this splint without approval from your physician.
- Do not use outdoors, or on slippery or uneven surfaces.

### Ordering Information:

Code	Size	Shoe
SW1208	Small	upto UK 5
SW1209	Medium	UK 6 - 8
SW1210	Large	UK 9 - 12



**NHS** This item is available from the NHS supply chain

### Care for your Night Splint:

- Liner and straps can be hand washed in cold water with mild soap. Air dry.
- Stretching wedge can be wiped down with tepid water and a mild soap or disinfectant. Air dry.

### Materials:

- Soft pads: Polyester.
- Velcro® straps: Nylon.
- Stretching wedge: EVA with Velcro® backing.



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