

## Indications

For the prevention and support of the ankle during sports activities and for use in everyday life. Used specifically for supporting those with mild acute ankle injuries.

## Technical data

### Sizes:

The ankle support can be worn on the right or left and is available in the following sizes:

XS (2.5 – 5.5), S (6 – 7.5), M (8 – 10.5), L (11 – 12.5), XL (13 – 14.5)

### Material:

Inner support: Polyester webbing

Outer support: Nylon

Hook and loop fastening: Polyester

Stability elements: Polypropylene

### Maintenance:

The product does not require maintenance.

## Caution

Please always follow these instructions for use. Do not over tighten – this could lead to decreased circulation. If you experience pain, abnormal swelling or skin irritation, discontinue use and contact your medical provider. If the product is handled incorrectly, its function and optimum protection can no longer be guaranteed. This aid assists recovery and should be used exclusively under the instruction of and in consultation with your doctor or a healthcare professional. DARCO (Europe) GmbH does not assume any responsibility. It is advisable to wear dressings or socks with the shoe. Walk more slowly than usual. This aid is intended for single-patient use only.

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Made in China

# Web Ankle Brace



190725



# DARCO

## Instructions for use

### Web Ankle Brace Ankle Brace

It is highly recommended that a sock be worn when using the Web Ankle Brace.

1. Check the stay placement before applying the brace. The rigid stays are marked **INSIDE** – for the inside of the ankle and **OUTSIDE** – for the outside of the ankle. The stays may be switched to accommodate a left or right ankle.

- a. Medial – inside Stay
- b. Lateral – outside Stay

2. Open up the back of the brace, slide your foot into the brace and secure hook and loop backing evenly.
3. Take the lower straps and adjust for equal length. Stretch the straps and wrap them around your ankle, securing them in the back.
4. Cross the upper strap over the centre and wrap around the top of ankle to secure.
5. The bungee closure system can be easily adjusted without removing your shoe. Simply tighten and adjust the straps as needed to ensure consistent compression and a snug fit.
6. An adhesive backed foam spacer is included with the brace. The spacer can be trimmed and placed on the rigid stays if more padding is needed for comfort.

## Cleaning instructions

- > Remove rigid stays before washing.
- > The Web Ankle Brace is machine washable using a mild detergent and warm water.
- > To prevent the hook and loop straps from damaging other items in the wash, place the Web Ankle Brace in a washable bag before washing or wash separately.
- > Remove promptly and air dry.

1.

a.



b.



2.



3.



4.



5.



6.

